Discussion Guide for Safety Animations:

A Smart and Steady Pace Will Win the Safety Race

From early childhood, most people learn their most basic lessons from stories. Including a familiar story can help workers create an emotional connection to a safety training.

A Smart and Steady Pace Will Win the Safety Race uses wisdom from a well-known fable in two animated stories that offer solutions for incident prevention. Emotional hooks in the stories speak to each worker's desire for everyone to go home safely.

Group discussion followed by showing the animations can tap into the emotional affection among workers and engage them in a serious conversation about how to be safe on the job. Here are some good points you can discuss:

Safety hazards

- o Tell me about what you learned from watching this animation.
- Did you notice any other safety hazards in the animation, such as struck-by, falling object, and trip/slip?
- In what other situations have you encountered the safety hazards shown in the animation?
- o What can you do today to address the hazards you identified?
- Consequences of getting injured
 - What's happening to your body when you get soft tissue injuries? (Note: Heavy loads cause the tissues of the body to gradually break down. The risk of injury numbers in the animation were based on the population of general industrial workers. Although everyone's chance of getting injured is different, high-risk activities will present significant hazards that can slowly wear anybody out.)
 - Have you personally been injured or do you know someone who has been injured from material handling?
 - How could an injury affect your well-being and family?
 - o How could an injury affect your company, such as worker compensation?

Others

- o What common shortcuts do you see?
- o Besides injury, what other troubles can be caused by shortcuts?
- o Do you often offer a helping hand to your co-workers?
- Do you feel difficult or embarrassed to ask co-workers for help?
- What do you think about the relationships between safety, productivity, and quality?
- Do you speak up about your safety concerns to your employer? What strategies worked for you in the past?
- o In your opinion, what are attributes of a good mentor?
- Do you talk to your kids about safety? What do you usually say?



